

24 Hour Crisis Resources

FIRE/POLICE/AMBULANCE.....	911
AADAC HELP Line.....	1-866-332-2322
(Gambling, Alcohol, Drugs, & Tobacco)	
Alberta Mental Health Board (AMHB) Help Line.....	1-877-303-2642
Bullying Line.....	1-888-456-2323
Calgary Distress Line (long distance).....	403-266-1605
Canadian Red Cross Society.....	1-888-800-6493
Child Abuse Hotline.....	1-800-387-KIDS(5437)
Child Protection Crisis Line.....	1-800-638-0715
Crisis Pregnancy Centre (Red Deer/long distance).....	403-343-1611
Health Link.....	1-866-408-LINK(5465)
Kids Help Phone.....	1-800-668-6868
Men's Line (long distance).....	403-266-HELP/4357
Out is OK Line.....	1-877-OUT-IS-OK/688-4765
Poison Control.....	1-800-332-1414
Salvation Army Family Support Centre (long distance).....	403-526-9699
Suicide Prevention Line.....	1-800-784-2433
Victim Assistance – Oyen.....	403-664-3505
	or 403-823-4233
Brooks Women's Shelter.....	403-793-2232
Kindersley Crisis and Family Support Centre.....	1-306-463-6655
Medicine Hat Women's Shelter Society.....	1-800-661-7949

Alberta Health Services

Big Country Hospital.....	403-664-4300
Alberta Aids to Daily Living.....	403-528-8150
Living Healthy Program.....	403-529-8969
Children's Health and Development Services (CHADS).....	403-529-8966
Community Health Services.....	403-664-3651
Diagnostic Imaging and Lab.....	403-664-4311
Geriatric Outpatient Mental Health.....	403-529-8913
Hanna Health Centre.....	403-854-3331
Health Promotion Facilitator.....	403-664-3651
Mental Health Community Clinic.....	403-664-3651
Palliser Adolescent Services (PAS).....	403-529-8903
Partial Hospitalization Program (PHP).....	403-529-8030
Physical Therapy.....	403-664-4304
Sexual Health Coordinator.....	403-502-8305
Social Work.....	403-529-8083
Speech, Language and Hearing.....	403-664-3651
Tobacco Reduction.....	403-529-3657

Municipal Supports

Municipal District of Acadia No. 34.....	403-972-3808
Special Areas Board.....	403-664-3618
Town of Oyen.....	403-664-3511
Village of Cereal.....	403-326-3823
Village of Empress.....	403-565-3938
Village of Youngstown.....	403-779-3873

Senior Services

Alberta Seniors Benefits.....	1-800-642-3853
Elder Abuse Domestic Violence.....	1-800-661-7974
Home Care/AADL (Cereal).....	403-326-3838
Home Care/AADL (Empress).....	403-565-3795
Home Care/AADL (Oyen).....	403-664-3651
Oyen & District Senior's Recreation Centre.....	403-664-3686
Oyen Lodge.....	403-664-3661
Protection for Persons in Care.....	1-888-357-9339

Physician and Community Health Centres

Oyen Dental Clinic.....	403-664-3774
Oyen Medical Clinic.....	403-664-3577
Dr. Elizma Bouwer	
Dr. Pieter Bouwer	
Dr. Petra Muller	
Oyen Optometry Clinic.....	403-664-3300
Oyen Community Health Centre.....	403-664-3651
Hanna Medical Clinic.....	403-854-3351
Dr. Walters	
Dr. Mdawe	
Dr. Kilian	
Dr. Hanna	
Hanna Vision Centre.....	403-854-3003

Children & Youth

Children's Health and Development Services (CHADS)	
Medicine Hat.....	403-529-8859
Family School Liaison Worker.....	403-664-0230
McMan Parent Link Centre.....	1-888-878-5465
Oyen Youth Centre (Fad Pad).....	403-664-3550
Regional Autism Coordinator.....	403-527-3302
Southeast AB Child & Family Services.....	403-664-2255

Or 310-0000 then 403-529-3753

Counseling, Education and Support

AADAC (Drumheller).....	310-0000
Then Dial.....	403-823-1660
AADAC (Medicine Hat).....	310-0000
Then Dial.....	403-529-3582
Family and Community Support Services (FCSS).....	403-664-2255
Hanna Community Mental Health.....	403-854-5276
Kindersley Crisis and Family Support Centre.....	1-306-463-6655
Kindersley Mental Health Clinic.....	1-306-463-1045
Maclean's Funeral Home.....	403-664-3767
Mental Health Community Clinic.....	403-664-3651
Parent/In Home Support Coordinator.....	403-664-2255

Other Community Services and Groups

AIDS & Sexually Transmitted Disease.....	1-800-772-2437
Alberta Health & Wellness (Minister's Office).....	310-0000
Big Country Adult Learning Resource Centre.....	403-664-2060
Canadian Mental Health Association.....	403-504-1811
Oyen & District Food Bank.....	403-664-2255
Oyen & District Ministerial Association.....	403-664-2094
Oyen Community Health Council (long distance).....	403-501-3262

Provincial Numbers

Alberta Blue Cross.....	1-800-661-6995
Alberta Health Care Insurance Plan.....	310-0000
Then Dial.....	780-427-1432
Alberta Lung Association.....	1-888-566-5864
Alberta/NWT Alzheimer's Society.....	1-866-950-5465
Alberta Seniors Benefits.....	1-800-642-3853
Alberta Works (Employment & Immigration).....	1-866-644-5135
ALS Society.....	1-888-309-1111
Arthritis Society.....	1-800-321-1433
Canada Mortgage & Housing Corporation.....	1-877-499-7245
Canada Pension Plan.....	1-800-277-9914
Cerebral Palsy Association of Alberta.....	1-800-363-2807
Child and Youth Advocate.....	1-800-661-3446
Credit Counseling Services.....	1-888-294-0076
Dial-a-law and Lawyer Referral Services.....	1-800-332-1091
Family Violence Information Line.....	310-1818
Kidney Foundation of Canada.....	1-800-268-1177(0)
Landlord and Tenant.....	1-877-427-4088

When You Need Help